



TEXAS TORNADOS Training Facility



Individual Packages and Plans: (January 2010-December 2010)

1. Each individual session includes 1 hour of training, which may include power, agility, coordination, explosion and overall conditioning. Each individual session is \$50.00.
2. The (Teal Package) includes: 15 sessions for \$300.00.
3. The (Silver Package) includes: 20 sessions for \$350.00.
4. The (Black Package) includes: 25 sessions for \$375.00.

Please call or email Vince to schedule days and times at vgilreath@texastornados.org

Texas Tornados Training Facility Sports and Conditioning
Office # 281-463-1720
Office hours are 9 - 5

Group Training Plans: (January – May) Monday-Friday from 9:00 am-7:00 pm

(1 hour sessions)

Small Group- Up to 4 athletes is \$300.00 per athlete for 25 sessions; \$200.00 for 10 sessions

Medium Group- Up to 8 athletes is \$275.00 per athlete for 25 sessions; \$175.00 for 10 sessions

Large Group or Team- Up to 11 athletes is \$250.00 per athlete for 25 sessions; \$150.00 for 10 sessions

***Special rates for Tornado Club members during the Club Season (January - May)**

Tuesday, Thursday only from 4:15 pm-5:00 pm, 5:00-5:45 pm, 6:15 pm-7:00 pm

or 7:30-8:15 pm (Pick 2 days) Tornado Packages are 45 minutes long. Please see Vince for special pricing!

Family Incentive Plan:

Parents with 2 or more athletes, buy 2 packages get the 3rd package FREE!!!!

New!!!!

Texas Tornados Corporate Plan

Professionals ages 22-75, sign up for our corporate plan. You can come 4 days a week for 1 hour a day Monday – Friday, Saturday is optional, based on number of participants. The monthly fee is \$150.00, you must pay on a monthly basis.

Gym Hours of Operation:

9:00 am to 8:30 pm

PLEASE MAKE CHECKS PAYABLE TO: TEXAS TORNADOS